

NORTH ROCKLAND PODIATRY

Peter Costa, D.P.M., F.A.C.F.A.S.

7 Liberty Square
Stony Point, NY 10980
Telephone: 845.429.0520
Fax: 845.429.0603

POST-OPERATIVE INSTRUCTIONS FOR THE PATIENT

Patient compliance with the following instructions is *imperative* to successful post-operative care.

FOR NAIL SURGERY & WART SURGERY

- Soak foot/toe in 5 tablespoons of salt (Table salt or Epsom salt) in a quart of warm water.
- Soak foot/toe for 5-7 minutes.
- Apply Neosporin or other antibiotic ointment with a band aid.
- Do twice daily for approximately 7 days.
- Do once daily for approximately 7 days.